

Florence Nightingale's Birthday



03:48

12th May 1820



- Florence was born in 1820 in a big city in **Italy**. It's called Florence and that's how she got her name.
- She went to the **Crimean War** to nurse wounded soldiers.
- She became known as '**The Lady with the Lamp**'.
- Florence Nightingale is remembered for showing people that nursing was a very **important** job.

Medicine in the 1800s

- There was **no medicine** to stop infections killing people.
- Not many people understood about how important it was to keep medical equipment and hospital beds clean to stop disease spreading.



- Florence Nightingale changed the way injured and sick people were treated.
- In London, she started the **first nursing training school** in the world.
- She was an educated woman. She made big changes to public life which focussed on men.

Florence Nightingale's life

- In 1853 Florence Nightingale was the head of a nursing group in London.
- The next year she went with 38 trained nurses to the war in the **Crimea**. Britain was fighting there against Russia.
- In the military hospital thousands of injured soldiers died of diseases and infections. This was because of the **filthy conditions**.
- Nightingale said people should **wash their hands** in hospitals.
- This helped bring the number of deaths down from 41% to 2%.



- In 1860 she set up a training school at **St. Thomas's Hospital in London**. The hospital still exists today.
- She wrote a famous book, **Notes on Nursing** which was used to train nurses.
- Her trained nurses went on to work in **hospitals** around Britain and the world.

<https://www.bbc.co.uk/teach/school-radio/articles/zbcyhcw>

How did Florence Nightingale make a difference?

Article 24: The Right to the Best Possible HealthLink:

Flourence revolutionised healthcare by proving that **clean water, good nutrition, and sanitation** were essential for survival. Her "Environmental Theory" remains a cornerstone for children's healthcare practitioners.



5 Ways to Wellbeing – Be Active

Be Smart Rules

Be kind and helpful

Be on task

*Be polite and well
mannered*

Be a good friend

Be your best self



Opportunity to reflect

Close your eyes and imagine Florence Nightingale working hard in the hospital in Scutari. She must have found it very difficult but she didn't give up because she knew how important it was to help the soldiers, and she knew she was making a difference to those soldiers.

How can we make a difference in our lives? Who could we help?

*Dear God,
Thank you for all those people who care for us when we are sick.
Thank you for people who spend their lives caring for people in hospital.
Help us to find ways to help and care for other people, so that we can make a difference to others like Florence Nightingale did.
Amen*

Daw Hyfryd Fis (the lovely month)

Daw hyfryd fis
(the lovely month of)

Mehefin cyn bo hir,
(June will come before long)

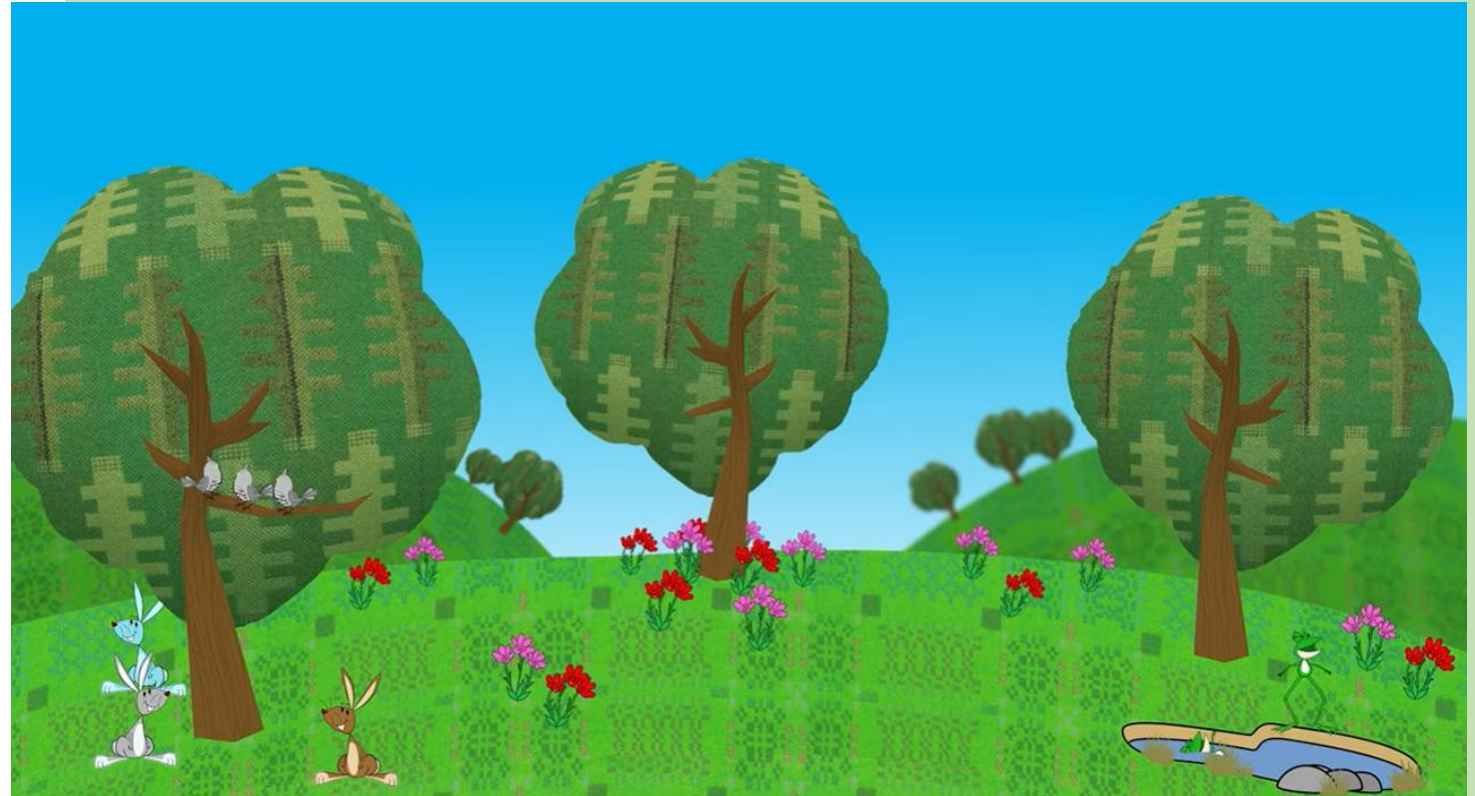
A chlywir y gwcw'n
(The Cuckoo will be heard)

Canu'n braf yn ein tir.
(Singing fine in our land)

Braf yn ein tir, braf yn ein tir.
(Fine in our land, fine in our land)

Cwcw, cwcw, cwcw'n
(Cuckoo, cuckoo, cuckoo)

Canu'n braf yn ein tir.
(Singing fine in our land)





**Diolch i ti am y byd,
Diolch am ein bwyd bob pryd,**



**Diolch am yr haul a'r glaw,
Diolch, Dduw, am bopeth ddaw.**



Amen.

