

Our Safer Internet Day rights fact sheet



Article 12 – The Right to Be Heard

Children have the right for their views to be listened to.

Why this matters:

- Empowers children to speak up about online worries
- Builds confidence to report concerns or unsafe content both in school and at home
- Encourages respectful online discussion and debate

Our Be Smart Rules link:

- Be kind and gentle

Simple ways to embed:

- Pupil voice discussions about online experiences
- Class agreements for respectful online communication
- Anonymous worry or question boxes about the internet

Tip of the Month:

Actively listen and respond to children's online concerns.

Rights-respecting language

- "Your voice matters online as well as offline."
- "You have the right to be listened to."
- "Tell a trusted adult if something online worries you."



Article 17 – The Right to Reliable Information

Children have the right to access information that is safe, accurate and appropriate

Why this matters:

- Helps children recognise reliable and unreliable online content – incorrect information can harm learning
- Supports digital literacy and critical thinking
- Encourages safe and responsible media use

Our Be Smart Rules link:

- Be on task

Simple ways to embed:

- Teach how to check sources and spot misinformation
- Discuss age-appropriate websites and apps
- Explore positive and educational online content

Tip of the Month:

Model and teach how to question what we see online

Rights-respecting language

- "You have the right to information you can Trust."
- "Let's check if this information is reliable."
- "Not everything online is true."



Article 19 – The Right to Be Safe

Children must be protected from harm, abuse, and neglect.

Why this matters:

- Protects children from cyberbullying and online harm
- Encourages help-seeking and reporting
- Reinforces safeguarding responsibilities

Our Be Smart Rules link:

- Be your best self

Simple ways to embed:

- Revisit online safety rules and reporting systems
- Identify trusted adults for online concerns
- Practise what to do if something feels unsafe online

Tip of the Month:

Make online safety procedures clear and visible

Rights-respecting language

- "You have the right to feel safe online."
- "If something doesn't feel right, tell an adult."
- "We keep ourselves and others safe online."



Article 28 – The Right to Education

All children have the right to learn in a safe and supportive environment.

Why this matters:

- Ensures digital learning happens safely and responsibly
- Promotes respectful behaviour in online learning spaces
- Supports equal access to safe digital tools

Our Be Smart Rules link:

- Be on task

Simple ways to embed:

- Teach responsible use of devices and platforms
- Link online behaviour to the right to learn
- Celebrate positive digital citizenship

Tip of the Month:

Explain that safe online behaviour protects everyone's right to learn

Rights-respecting language

- "Everyone has the right to learn without being upset or excluded online."
- "Good digital choices help keep learning safe for all."
- "We follow the rules to keep learning safe."