

Our school charter Rights Fact sheet



Article 12 – The Right to Be Heard

Children have the right for their views to be listened to.

Why this matters:

- Builds confidence and self-esteem
- Encourages fairness, respect and inclusion
- Helps children feel valued and included

Our Be Smart Rules link:

- Be polite and well mannered

Simple ways to embed:

- Class votes and pupil voice groups
- Circle time and class discussions/ reflection time
- Suggestion/question/worry boxes

Tip of the Month:

Make sure every child has a chance to share.

Rights-respecting language

- “Your opinion matters.”
- “Let’s listen to everyone’s ideas.”
- “Being polite means, we take turns, listen carefully, and make sure everyone feels heard.”

Article 19 – The Right to Be Safe

Children must be protected from harm, abuse, and neglect.

Why this matters:

- Children learn best when they feel safe
- Encourages help seeking and confidence
- Supports emotional wellbeing and trust

Our Be Smart Rules link:

- Be kind and gentle

Simple ways to embed:

- Revisit anti-bullying rules
- Identify trusted adults
- Reinforce online safety

Tip of the Month:

Display a “Who can help me?” poster.

Rights-respecting language

- “You have the right to feel safe.”
- “We all have the right to feel safe at school.

Being kind and gentle helps create a safe environment where no-one is hurt physically or emotionally.”

Article 15 – Freedom of Association

Children have the right to meet with friends and join groups.

Why this matters:

- Promotes teamwork and cooperation
- Develops social skills and leadership
- Supports inclusion and belonging

Our Be Smart Rules link:

- Be kind and gentle
- Be a good friend

Simple ways to embed:

- Encourage clubs, teams, and group activities
- Allow children to choose working partners
- Celebrate teamwork

Tip of the Month:

Change group roles regularly so everyone has the chance to lead

Rights-respecting language

- “Let’s make sure everyone feels included.”
- “Teamwork helps us learn.
- “Being a good friend means showing respect, caring for others, and understanding how they feel.”

Article 24 – The Right to Health

Children have the right to be healthy.

Why this matters:

- Supports physical and mental wellbeing
- Improves focus, behaviour and learning
- Encourages healthy lifelong habits

Our Be Smart Rules link:

- Be your best self

Simple ways to embed:

- Build in water and movement breaks
- Healthy food and sleep discussions
- Encourage healthy snack
- Use calm breathing

Tip of the Month:

Start the day with a short stretch or breathing activity.

Rights-respecting language

- “Looking after our bodies helps us learn.”
- “You have the right to be healthy.”
- “Let’s take a calm moment.”

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Article 28 – The Right to Education

All children have the right to learn.

Why this matters:

- Education opens opportunities
- Encourages responsibility and respect
- Supports equality and inclusion

Our Be Smart Rules link:

- Be on task
- Be your best self

Simple ways to embed:

- Celebrate effort and progress
- Ensure learning is accessible for everyone
- Link behaviour expectations to learning

Tip of the Month:

Explain our Be Smart Rules as protecting everyone's right to learn

Rights-respecting language

- “We listen so everyone can learn.”
- “We all have the right to learn in school.”
- “We help each other succeed.

Article 31 – The Right to Rest, Play and Leisure

Children have the right to relax, play and take part in creative and cultural activities

Why it matters:

- Supports wellbeing, creativity, and resilience
- Develops social and emotional skills
- Improves engagement and behaviour

Our Be Smart Rules link:

- Be a good friend

Simple ways to embed:

- Value playtimes and outdoor learning
- Use creative approaches in lessons
- Provide calm time after busy learning

Tip of the month:

Celebrate culture through music, art, dance, storytelling and traditions

Rights-respecting language

- “Play and rest helps our brains grow.”
- “Everyone's culture and creativity is valued.”
- “We should invite others to join in and not leave anyone out.
When we respect each other, playtimes are more fun.”

Article 29 – Goals of Education

Education should help children develop talents, respect for others and responsibility

Why this matters:

- Builds confident, caring individuals
- Encourages respect and care
- Prepares children for life and citizenship

Our Be Smart Rules link:

- Be polite and well mannered
- Be kind and gentle
- Be a good friend
- Be on task
- Be your best self

Simple ways to embed:

- Celebrate kindness, effort and teamwork
- Use real-life problem-solving tasks
- Recognise all achievements

Tip of the Month:

Reflect on skills and values used in lessons

Rights-respecting language

- “School helps us grow, improve, and become the best we can be.”
- “We respect differences.”
- “Learning helps us become responsible citizens.”